

## Linking Health & Learning e-Bulletin

October, 2013

### News and Information

#### **Vermont Agency of Education Grant: Promoting Adolescent Health through School-Based HIV/STD Prevention**

**Letter of Intent due: November 8, 2013**

**Application due: December 13, 2013**

This grant opportunity will provide approximately 15 Vermont school districts and supervisory unions with up to \$30,000 over five year period. Funding for this grant is supported by the Centers for Disease Control and prevention (CDC) for HIV/STD prevention education. To learn more and apply, click [here](#) or contact Kate O'Neill at (802) 828-5151 or [Kathryn.ONeill@state.vt.us](mailto:Kathryn.ONeill@state.vt.us).

#### **YRBS Student Analysis Project for Middle Schools**

Students serve as leaders in the Getting to 'Y': Students Bring Meaning to their Youth Risk Behavior Survey (YRBS) initiative, as they strengthen their school and community based on findings. This year the initiative focuses on middle school students and teachers, guidance counselors or other faculty focusing on school climate. The recommended team composition is 1–2 adults and 4–8 youth. The work will require a strong youth-adult partnership, sustained over the course of the fall and/or winter. The orientation event is scheduled for October 23, 2013. Click [here](#) for more information or contact Helen Beattie at [hnbeattie@gmail.com](mailto:hnbeattie@gmail.com).

#### **YRBS Data Brief: Contraception**

Click [here](#) to view the October Vermont Youth Risk Behavior Survey (YRBS) data brief on contraception. Of note, among students who had sexual intercourse in the past three months, 85% used either condoms or prescription birth control as their primary form of contraception. A total of 7% reported no method, and 4% reported withdrawal. Among students who have had sexual intercourse in the past three months, those who also report other risky behaviors report lower prevalence of condoms or prescription contraception compared to their peers. Send questions or comments to Shayla Livingston at [shayla.livingston@state.vt.us](mailto:shayla.livingston@state.vt.us) or (802) 863-6337.

#### **Lyme Disease: Fact Sheets and Resources for Schools**

Students playing and learning outside this fall may be exposed to potential disease carrying ticks or mosquitos. New documents are available to educate your school community and develop a prevention plan. The forms can be personalized for your specific school and situation. These and other teaching resources for grades 3-5 are available [here](#). Questions can be directed to Shari Levine at (802) 951-0132 or

[shari.levine@state.vt.us](mailto:shari.levine@state.vt.us).

### **Teacher Resources from American Heart Association**

Click [here](#) to explore education resources for elementary & middle school.

### **International Walk to School Day**

**October 9, 2013**

International Walk to School Day is a global event where communities from over 40 countries walk and bike to school on a single day. Learn more about the day, who is participating in your area, and register for this year's event [here](#). In 2012, 47 schools across Vermont participated in this event; let's grow that number in 2013! For more information about the Vermont festivities, contact Abby Mattera at (802) 598-8651 or [abby@saferoutesvt.org](mailto:abby@saferoutesvt.org).

### **Vermont Fall Way to Go Week**

**October 14-18, 2013**

The Vermont Safe Routes to School Resource Center partnered with Way to Go! Vermont to encourage more schools than ever to participate in the spring Way to Go! Commuter Challenge. This year they are adding a fall challenge to the mix! Get your clean commute on by encouraging your school staff and students to walk, bike, bus or carpool to school. Please register [here](#). To learn more, contact Abby Mattera at (802) 598-8651 or [abby@saferoutesvt.org](mailto:abby@saferoutesvt.org).

### **Lights On Afterschool Day**

**October 17, 2013**

Lights on Afterschool is a day to celebrate the important work being done in afterschool programs nationwide. Vermont Afterschool, in partnership with Afterschool Alliance, invites afterschool and out-of-school time programs across the state to host events in your community. Last year we had 93 programs in Vermont hosting an event--let's see if we can hit 100 this year! For more information on how to participate or see a directory of registered Lights On Afterschool events, click [here](#).

### **Professional Development Opportunities**

Click [here](#) for a calendar of Vermont Agency of Education-sponsored events.

### **Umatter for Schools – Suicide Prevention**

**October 7-8, 2013**

**Rutland, VT**

This two-day training is designed to prepare your school community to respond to the mental health needs of students and prevent suicide. Once adults know suicidal warning signs and how to help, they will be ready to teach suicide prevention lessons using the Lifelines curriculum, an evidence-based program of four lessons and appropriate for middle and high school students. For more information and to register,

click [here](#) or call (802) 254-6590.

### **Damage Control: Concussion in Vermont Sports**

**October 8, 2013**

**Vermont Public Television**

This Vermont Public Television event is a live, in-studio discussion with panelists Dr. Kalev Freeman, Director of Emergency Medicine Research at Fletch Allen Healthcare and Alan Maynard, President of the Vermont Association of Athletic Trainers. Studio audience is encouraged to arrive by 7:30pm. Phone in questions or comments to 1-866-424-LIVE, or view the event live at [www.vpt.org](http://www.vpt.org). For more information contact Chuch Pizer at [cpizer@vpt.org](mailto:cpizer@vpt.org) or 1-800-639-3351.

### **Webinar: Building a Wellness Team**

**Oct 17, 2013**

**Online**

During this webinar you will learn how to build a school wellness team that will best meet your local goals. However, before you know where you want to go, you have to understand where you are. Learn about different types of school health assessment tools and how these resources and processes can help move your efforts forward. This webinar covers goal-setting, timelines, your budget, tracking progress and planning for sustainability. To register at no cost, click [here](#).

### **Vermont Infectious Disease Conference**

**October 18, 2013**

**Burlington, VT**

School nurses, and other clinicians from across Vermont are encouraged to attend the conference. Participants will be able to earn continuing education credits and network with colleagues from across the state. To learn more and register, click [here](#).

### **School Nutrition Association of Vermont Conference**

**October 25, 2013**

**Shelburne, VT**

To learn more about the conference agenda, click [here](#). To register, click [here](#). For more information, contact Abbie Nelson at (802) 434-4122 or [abbie@nofavt.org](mailto:abbie@nofavt.org).

### **Vermont Afterschool Conference**

**October 25, 2013**

**Stowe, VT**

The Vermont Afterschool Conference is an annual event that brings together hundreds of afterschool programs, partners, advocates, and educators from around the state for a full day of learning, networking, and celebration. The conference is a collaboration of three organizations: Vermont's Child Development Division, Vermont Agency of Education, and Vermont Afterschool. Click [here](#) to learn more and to register. Contact Cassie Willner, Vermont Afterschool, at [cassiwillner@vermontafterschool.org](mailto:cassiwillner@vermontafterschool.org).

### **Webinar: How to Create a Healthy School Food Culture**

**October 29, 2013**

**Online**

The school food culture goes way beyond the cafeteria. Children need to learn how to make healthy choices from the minute they walk in the school's front door to the minute they leave at the end of the school day – and beyond. This session will cover the benefits of a healthy school food culture and provide project ideas and resources. Click [here](#) to register at no cost.

### **VTAPERD Conference**

**November 7-8, 2013**

**Stowe, VT**

The 2013 Vermont Association for Health, Physical Education, Recreation and Dance (VTAPERD) conference information and registration is available [here](#). Early bird rates apply through October 9<sup>th</sup>.

### **Save the Date: 11<sup>th</sup> Annual Vermont Dance Festival**

**November 23, 2013**

**Lyndon, VT**

For more information contact Rebecca Rae McGregor at (802) 626-1356 or [rebecca.mcgregor@lyndoninstitute.org](mailto:rebecca.mcgregor@lyndoninstitute.org).

## **Grant and Funding Opportunities**

### **Lowe's Toolbox for Education Grants**

**Deadline: October 15, 2013**

This program will provide funding for projects that have a permanent impact, such as facility enhancement (both indoor and outdoor) as well as landscaping/cleanup projects. Projects that encourage parent involvement and help build stronger community spirit are encouraged. Sample ideas include reading gardens, vegetable gardens, physical fitness areas, school landscaping projects, school nature trails, parent involvement centers, peer tutoring centers, playgrounds, and rotating student art exhibits. Any public K-12 school or nonprofit parent group associated with a public K-12 school is eligible to apply. Grant requests must be between \$2,000 and \$5,000 per school. To learn more about this funding opportunity and apply, click [here](#).

### **Vermont Transportation Alternatives Grant Funding**

**Deadline: October 16, 2013**

The Vermont Agency of Transportation is now accepting applications for the Transportation Alternatives (TA) Program. The TA Program provides funding for several community projects, including Safe Routes to Schools. To learn more and apply, click [here](#). Contact Patti Coburn at (802) 828-5799 or [patti.coburn@state.vt.us](mailto:patti.coburn@state.vt.us).

### **Vermont Farm to School Grant Program**

**Deadline: October 25, 2013**

The goals of the Roza McLaughlin Farm to School Grant Program are to encourage Vermont schools to serve food that is as fresh and nutritious as possible; maximize the

use of fresh, locally grown, produced and processed foods; educate students about healthy eating habits through nutrition education, including using hands-on techniques to make the connections between farming and the foods that students consume; increase the size and stability of farmers' direct sales market; and increase school meal participation by increasing the selection of foods available to students. To learn more and apply, click [here](#) or contact Abbey Willard at (802) 828-3829 or [abbey.willard@state.vt.us](mailto:abbey.willard@state.vt.us).

### **FY14 BEST Grant Application Process**

**Deadline: October 31, 2013**

Secretary Vilaseca has designated Vermont's Multi-Tiered System of Supports (VT MTSS) for exclusive use of FY 14 BEST/Act 230 funds. Click [here](#) to read the memo. Vermont Positive Behavior Interventions and Supports (VTPBiS) is included within this designation. Please be advised that the award guidelines for these funds are revised this year. Click [here](#) to view the guidelines and grant application. Contact Carol Randall at (802) 828-0553 or [carol.randall@state.vt.us](mailto:carol.randall@state.vt.us).

### **Whole Kids Foundation, Garden Grants**

**Deadline: October 31, 2012**

In collaboration with FoodCorps, the Whole Kids Foundation is accepting applications for the School Garden Grant Program, which supports school garden projects that help students learn about complex topics such as nutrition and health, sustainability and conservation, food systems, and community awareness. To be eligible for a grant, applicants must be a nonprofit K-12 school (public, private, or charter) and/or a 501(c)(3) organization that is developing or currently maintaining a garden project on school grounds with the goal of interesting children in fresh fruits and vegetables. For more information and to apply, click [here](#).

### **Funding Opportunities for Fuel Up to Play 60**

**Deadline: November 1, 2013**

Funding opportunities are available to K-12 schools enrolled in Fuel Up to Play 60 to help increase awareness of and access to nutrient-rich foods and physical activity opportunities for students. The funding program provides seed money – up to \$4,000 per school – to help your school take actions that support the 2013-14 edition of the [Fuel Up to Play 60 Playbook](#). To download a step-by-step application worksheet and apply for funding, visit [www.FuelUpToPlay60.com](http://www.FuelUpToPlay60.com).

### **2<sup>nd</sup> Annual Search for Green Ribbon Schools**

**Deadline: December 9, 2013**

The Vermont Agency of Education will select up to 3 public schools and 1 independent school as our state's nominees for the US Department of Education 2014 Green Ribbon Schools recognition award. Schools must demonstrate exemplary achievement in the

areas of energy/sustainability curriculum and STEM education programs, improving the health of students, and saving energy and the environment via buildings and grounds practices that promote sustainability and environmental health. To learn more and apply, click [here](#). Contact Cathy Hilgendorf at (802) 828-5402 or [cathy.hilgendorf@state.vt.us](mailto:cathy.hilgendorf@state.vt.us).

### **21st Century Community Learning Centers Grant**

**Deadline: February 7, 2014**

The 2013-14 grant competition for the purpose of providing high-quality afterschool and summer extended learning opportunities is now open. Applications are due by February 7, 2014. Click [here](#) to view the application and to get more information about October 2013 applicant workshops. Contact Emanuel Betz, 21C State Director, at (802) 828-0557 or [emanuel.betz@state.vt.us](mailto:emanuel.betz@state.vt.us).

To unsubscribe, or subscribe, to the Linking Health & Learning e-bulletin, write to [lindsay.simpson@state.vt.us](mailto:lindsay.simpson@state.vt.us) or call (802) 828-1461.